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# Just For Fun The Dance Company

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Specialists in  
Jazz Dance

## 2012 Information Brochure

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### Just For Fun The Dance Company

PRINCIPAL: Sue Nairn (B.A. Dance, B. Education)

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LOCATIONS: Woodville Park (Head Studio), Brighton & Payneham

## About the Company

**Just For Fun The Dance Company** (JFF) was founded in February 1994 and was designed to meet the growing demand within the entertainment industry to provide trained performers and cheerleaders for sporting events and functions. Now entering its 19<sup>th</sup> year Just For Fun continues the established tradition of developing lessons around the central focus of having fun and being passionate about dance. We strive to provide students with an aspiration to showcase their personal best and where desired to attain the highest standards of performance. Just For Fun The Dance Company is a school open to everyone where students can feel confident that they will be received in a warm, relaxed and friendly environment.

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### Specialists in:

#### Jazz Dance

A forever changing form of popular and creative dance movement that is both fun and energetic.

#### Cheerleading

Cheerleading is a recreational and sometimes competitive activity involving organised routines. It includes elements of dance and gymnastics and was developed to encourage and entertain crowds at sporting events.

#### Contemporary Jazz

A jazz sub-genre influenced stylistically by contemporary and modern dance. A theatrical style, where movements are expressive and versatile.

#### Musical Jazz

Dance performed to song from a musical play or film.

#### Themed Jazz

A dance form that plays out the lyrics of the music, evoking the drama, tension, theme and emotion in each song.

#### Funk

Funk is a distinct style of dance that can best be recognized by its syncopated rhythms. Funk can best be described as the style of dance in today's video clips. It is the fusion of Jazz dance and Hip Hop.

#### Hip Hop

Hip Hop is a cultural movement that began among urban African American youth in New York and has since spread around the world. Synonymous with rap, scratch music and graffiti art, the style encompasses the movements of break-dancing and body-popping.

#### R&B

Rhythm and Blues was the predecessor to Rock and Roll. Strongly influenced by gospel music, today it defines a style originating after the demise of disco to include elements of soul, funk and pop music.

#### Top 40

Top 40 is a radio format based on frequent repetition of songs from a constantly-updated list of the forty best-selling singles.

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**Classes throughout the year combine a selection of the styles listed above.**

## Studio Locations

### Woodville Park - Just For Fun The Dance Company (Head Studio)

39 - 51 David Tce, Woodville Park. Next to Video Ezy (just near the train line).

### Payneham - St Aidan's Church Hall

Located on the corner of OG Rd and Payneham Rd, Payneham. A small car park is available in the church grounds (off Payneham Rd). Extra parking is available across OG Rd in the Payneham swimming centre car park.

### Brighton - Brighton Over 50s Social Club Inc.

376 Brighton Rd, Hove. The studio is located on the corner of MacPherson St (just near the train line).

## JFF Term Dates

**TERM 1:** Saturday 28th January - Thursday 5th April

**TERM 2:** Monday 23rd April - Saturday 30th June

***Mid Year Concert Date: Saturday 30th June***

**TERM 3:** Monday 16th July - Saturday 22nd September

**TERM 4:** Monday 8th October - Saturday 8th December

***Christmas Concert Date: Saturday 1st December (Week 8 - Term 4)***

## Public Holidays

Classes falling on public holidays will still occur, unless advised.



## Costs

### Free to 'Come and Try'

Your first class is complimentary to enable you to try us out before deciding to join.

We will utilize this opportunity to help place you in the correct class for your age and dance experience.

*(Excludes: Yoga - Payneham Studio, Tuesday evenings)*

### Costumes

All costumes are made by JFF dressmakers and are required for our Mid Year and Christmas concerts. We endeavour to keep costume costs to a minimum. Costumes fees are payable each term and cover three costumes per year. For costume fees refer to page 6.

### Term Fees

These are payable at the commencement of each term. A pro-rata rate will be calculated for new students commencing after the start of a term. For term fees refer to page 6. Please note: All fees are **term fees and are non refundable**. Terms are based on school terms and vary in length from 9 to 10 weeks. Should term payments present a problem, a payment plan arrangement can be made.

**Payments** made after Week 5 will incur an additional fee of \$30 and extremely overdue accounts will be sent to our collection agency.

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**Fees are due at the commencement of each term**

## Classes

### Social or Competitive

At **Just For Fun The Dance Company** you have options to help you decide how far or which direction you would like to take your dancing. Students can choose between taking social classes (Rainbow/Red/Yellow/Green/Violet/Purple & Boys) which are “just for fun and fitness” and include performing in our company concerts OR if you are interested in one of our competitive teams Bronze, Silver and Gold please contact the Principal, Sue Nairn.

In 2012 competition / advanced teams are limited to students 12 years of age and over.

### Competitive Teams

#### **Bronze** – 12+ years

Selection for the 2012 Bronze Team will be by audition. The Bronze team have a 1.5 hr dance class to work on routines that can be used in competition. Lessons also incorporate sessions of specialised fitness and dance technique that combine the disciplines of Ballet, Contemporary, Yoga, Pilates and Aerobics. Students interested in joining our Bronze team should refer to the audition information located on the page 8.

#### **Silver** – 14+ years

This team is selected by Just For Fun teachers with new entries into the 2012 team being cast by audition. The Silver team have a 1.5hr dance class to work on routines that can be used in competition. Lessons also incorporate sessions of specialised fitness and dance technique that combine the disciplines of Ballet, Contemporary, Yoga, Pilates, Strength Training and Aerobics. Silver students receive the opportunity to work with distinguished guest artists and choreographers.

#### **Gold** – 16+ years

This team is **Just For Fun The Dance Company's** highest and most prestigious class. Selection is made by Just For Fun teachers and is offered by invitation only. The Gold team have a 1.5 hr dance class to work on routines that can be used in competition. Lessons also incorporate sessions of specialised fitness and dance technique that combine the disciplines of Ballet, Contemporary, Yoga, Pilates, Strength Training, Running and Aerobics. Gold students receive the opportunity to work with distinguished guest artists and choreographers.

### Specialised Classes

#### **Boys** - 7+ years

This class, devoted to ONLY boys emphasizes masculine dance styles such as Hip Hop, Funk, Basic Break-dance & Jazz as well as teaching proper technique which also provides strong fundamentals for sports related activities.



#### **Payneham: Advanced Technique** - 13+ yrs

A special 30min class designed to further develop flexibility, strength and dance technique through a series of advanced dance combinations.

NOTE: Advanced Technique is not offered as a casual class - Term Fee applies.  
Minimum of 6 students required.

#### **Yoga**

Yoga is an education for the body, mind and inner spirit. Run by accomplished Yoga instructor Sue Nairn, students follow the Ashtanga Vinyasa and Iyengar Yoga methods where classes involve sequences of stretches and yoga postures. Regular Yoga practice usually results in good physical health, fitness, muscle tone and stamina. All ages, levels and abilities are welcome.



# 2012 CLASS TIMETABLE



## Woodville Park Studio

| <u>AGE</u>       | <u>TIME</u>     | <u>TEAM</u>                        | <u>TEACHER</u>                  |
|------------------|-----------------|------------------------------------|---------------------------------|
| <b>MONDAY</b>    |                 |                                    |                                 |
| 12+ yrs          | 5.30 - 7.00pm   | Glenelg Cheerleaders               | Sue Nairn                       |
| 14+ yrs          | 7.00 - 9.45pm   | Adelaide Lightning                 | Sue Nairn                       |
| <b>TUESDAY</b>   |                 |                                    |                                 |
| 3-6 yrs          | 4.45 - 5.30pm   | Rainbow (Class Full: no vacancies) | Averlie Cameron                 |
| 7-9 yrs          | 5.30 - 6.30pm   | Red (Class Full: no vacancies)     | Averlie Cameron                 |
| 10-12 yrs        | 6.30 - 7.30pm   | Yellow (Limited vacancies)         | Averlie Cameron                 |
| 13-17 yrs        | 7.30 - 8.45pm   | Green                              | Jenna English                   |
| <b>WEDNESDAY</b> |                 |                                    |                                 |
| 12+ yrs          | 5.00 - 6.30pm   | Bronze                             | T2 - Renee Edwards              |
| 14+ yrs          | 6.30 - 8.00pm   | Silver (Class Full: no vacancies)  | T2 - Olivia Smith               |
| 16+ yrs          | 8.00 - 9.30pm   | Gold                               | T2 - Anne Murray (Guest Artist) |
| <b>THURSDAY</b>  |                 |                                    |                                 |
| 7-9 yrs          | 5.30 - 6.30pm   | Red (Limited vacancies)            | Julia Horne                     |
| 10-12 yrs        | 6.30 - 7.30pm   | Yellow (Class Full: no vacancies)  | Julia Horne                     |
| 18+ yrs          | 7.30 - 8.45pm   | Purple                             | Sue Nairn / Judy Masters        |
| <b>FRIDAY</b>    |                 |                                    |                                 |
| 7-12 yrs         | 5.30 - 6.30pm   | Orange                             | Ashlee Skinner                  |
| 7+ yrs           | 6.30 - 7.30pm   | Boys                               | Jessica Statton                 |
| <b>SATURDAY</b>  |                 |                                    |                                 |
| 7-9 yrs          | 8.45 - 9.45am   | Red (Limited vacancies)            | Judy Masters                    |
| 3-6 yrs          | 9.45 - 10.30am  | Rainbow                            | Judy Masters                    |
| 3-6 yrs          | 10.30 - 11.15am | Rainbow                            | Judy Masters                    |

## Brighton Studio

|                 |               |                         |               |
|-----------------|---------------|-------------------------|---------------|
| <b>THURSDAY</b> |               |                         |               |
| 3-6 yrs         | 5.00 - 5.45pm | Rainbow                 | Jenna English |
| 7-10 yrs        | 5.45 - 6.45pm | Red (Limited vacancies) | Jenna English |

## Payneham Studio

|                  |                |                                    |               |
|------------------|----------------|------------------------------------|---------------|
| <b>TUESDAY</b>   |                |                                    |               |
| All Ages         | 6.30 - 8.00pm  | Yoga                               | Sue Nairn     |
| <b>WEDNESDAY</b> |                |                                    |               |
| 3-6 yrs          | 5.00 - 5.45pm  | Rainbow                            | Jade Haggerty |
| 7-9 yrs          | 5.45 - 6.45pm  | Red                                | Jade Haggerty |
| 10-12 yrs        | 6.45 - 7.45pm  | Yellow                             | Judy Masters  |
| 13+ yrs          | 7.45 - 9.00pm  | Violet                             | Judy Masters  |
| 13+ yrs          | 9.00 - 9.30pm  | Advanced Technique                 | Judy Masters  |
| <b>SATURDAY</b>  |                |                                    |               |
| 7-9 yrs          | 8.45 - 9.45am  | Red                                | Renee Edwards |
| 3-6 yrs          | 9.45 - 10.30am | Rainbow (Class Full: no vacancies) | Renee Edwards |

## Term Fees

|   |                            |
|---|----------------------------|
| Rainbow   | \$104.50 (inc GST \$9.50)  |
| Red   | \$121.00 (inc GST \$11.00) |
| Yellow / Boys   | \$126.50 (inc GST \$11.50) |
| Green / Violet / Purple                                     | \$148.50 (inc GST \$13.50) |
| Bronze / Silver / Gold                                      | \$165.00 (inc GST \$15.00) |
| 10% discount for families with more than one child enrolled |                            |

|                              |   |
|------------------------------|---|
| Payneham: Advanced Technique | \$55 (inc GST \$5.00)                           |
| Yoga                         | \$7.00 per class or a 10 class card for \$60.00 |
| Glenelg / Adelaide Lightning | \$80.00 per season for non JFF students         |

**Costume Fees** - Payable each term and covers three costumes per year.

\$35.00 per student  
(yellow, boys, green, violet, purple, bronze, silver & gold)  
\$30.00 per student (rainbow & red)

## Class Information

### What to wear

Neat practice clothing is required for all classes, e.g. fitted pants or shorts, crop tops, tight t-shirts etc. Please ensure it is something that can stretch and is easy to move in. Sneakers are suitable for students who have just started however by their first concert students will need to have purchased the following:

#### Rainbow, Red & Yellow Teams



#### *Black Jazz Shoes*

*Can be purchased in either a Split or Full Sole.*

#### Violet, Green, Purple, Bronze, Silver & Gold Teams



#### *Black Dance Sneakers*

#### Boys Team



#### *White Casual Sneakers*

#### Bronze, Silver & Gold Teams



#### *White Dance Sneakers*

Shoes and dance wear can be purchased from any dance store. Some suggestions are:

- **Dance FX** 502 North East Rd, Windsor Gardens Ph: 8266 0666 *also Unley Store Ph: 8272 2668*
- **The Stage Shop** 3 Leigh Street, Adelaide Ph: 8231 9554
- **Dance Zone** 20-24 Reid Ave, Tranmere Ph: 8337 6737
- **Emmsee** 779a Port Road, Woodville Ph: 8268 1155

**NOTE:** Second hand shoes are often available for purchase through JFF, please enquire at your weekly lesson.

### Attendance

Good attendance is imperative as absences and tardiness can hold back an entire class. Catch up classes or additional lesson time is not available. Please make every effort to be at all classes and advise of any absences. Competitive classes especially require a committed attendance otherwise your place in the team will be forfeited.

### Parents and Friends Watching

Parents, please be aware that your presence may be 'off putting' to class members, so it is preferred that you leave the students alone while they take their lesson. Parents & friends may be invited to enter the lesson and watch the last 5 minutes of class at the teacher's invitation.

## Performance Opportunities

### Company Concerts

Teams will be divided into two separate casts for the afternoon and evening concerts. The exception being: our competitive teams Bronze, Silver & Gold and our performance teams Glenelg Cheerleaders & Adelaide Lightning Dance Team who will be required for both concerts.

#### Mid Year Concert

**Whole Company**

This concert displays the work learnt over the first two terms. It provides students the opportunity to gain stage experience.

Scott Theatre, Adelaide University - **Saturday 30<sup>th</sup> June, 2.30pm & 7.00pm**

#### Christmas Concert

**Whole Company**

This is our major performance showcasing a selection of the years work.

Scott Theatre, Adelaide University - **Saturday 1st December, 2.30pm & 7.00pm**

### Adelaide Lightning Dance Team

**Age: 14 years and over**

This team perform at all home matches for the Adelaide Link Lightning in the Women's National Basketball League (WNBL). Selection is by audition in July (see p.8) and is open to Just For Fun students and outside dancers. Team members availability is required from July through to March. Training sessions are Monday evenings from 7.00 - 9.45pm and training begins the Monday following selection. Members participate in the annual Credit Union Christmas Pageant, the JFF Christmas Concerts and in other various promotional performances. Costumes are provided and remain the property of Just For Fun The Dance Company. An individuals training singlet, shoes (white dance sneakers) and performance pack is supplied at charge and additional expenses are covered through participation in team fundraising events.

### Glenelg Cheerleaders

**Age: 12 years and over**

Glenelg Cheerleaders perform for the Glenelg Football Club League team in the South Australian National Football League (SANFL). The team perform at 10 home matches at Gliderol Stadium (Glenelg Oval) and based on the clubs season performance may have the opportunity to dance at finals. The football season runs from March through to October. Selection for the 2012 team will be by audition in January (see p.8) and is open to Just For Fun students and outside dancers. Training sessions are held Monday nights from 5.30 - 7.00pm, with training beginning the Monday following selection. Costumes are provided and remain the property of Just For Fun The Dance Company. Glenelg Cheerleaders are expected to participate in any fundraising events and need to purchase their own shoes (black dance sneakers) stockings, training top and team jacket.

**NOTE: Any non JFF student participating in the Adelaide Lightning Dance Team or Glenelg Cheerleaders is required to pay a fee of \$80 for the season.**

### Affiliated Performance Teams

Whilst not officially part of Just For Fun the Dance Company we support girls in auditioning for:

#### North Adelaide Cheerleaders

**Age: 8 years and over**

North Adelaide Cheerleaders perform for the North Adelaide Football Club in the South Australian National Football League (SANFL). They perform at 10 home matches at Prospect Oval and based on the clubs season performance may have the opportunity to perform at finals. In addition members participate in various promotional performances and events and team members' availability is required from February through to November. Selection for the 2011 teams will be by audition in January (see p.8) and is open to Just For Fun students and outside dancers. Costumes and team outfits are provided and remain team property. Each performer will receive a training singlet, shoes (white jazz shoes) and performance pack supplied at charge with additional expenses covered through participation in team fundraising events. Training begins the Tuesday following selection. Training sessions are held at the North Adelaide Football Club, Prospect Oval - Menzies Crescent, Prospect.

**Mistral Rockettes, 15 years and over.** Perform for the North Adelaide League team.

Training Sessions: Tuesday 7.30 – 9.30pm & Sunday (preseason Feb/March) 10.30am –12.00pm

**Roosters Dance Team, 8-14 years.** Perform at half time for the North Adelaide Reserves team.

Training Sessions: Tuesday 6.00 – 7.30pm & Sunday (preseason Feb/March) 9.30 –11.00am

**For further information contact: Catherine Nairn Ph: 0413 000 942 Email: nafccheerleaders@hotmail.com**

# 2012 Auditions

**Sunday 29th January**

Just For Fun Studio:  
39-51 David Tce, Woodville Park

## Just For Fun: Bronze & Silver Teams

Register from 9.00am      **Audition:** 9.30 – 11.00am

Required Age: Bronze -12 years & over (You must turn 12 before 30th June, 2012)

Silver -14 years & over (You must turn 14 before 30th June, 2012)

**OPEN TO:** Students (meeting the age requirement) interested in auditioning for a position on our 2012 Bronze or Silver Teams.

**NOTE:** Bronze students from 2011 are NOT required to re-audition for a position in the 2012 Bronze Team, however, students that meet the required age for entry into Silver are invited to audition for a spot on the team.

Silver students from 2011 are NOT required to re-audition for a position in the 2012 Silver Team. In order for JFF to hold your position in this advanced team enrolment forms MUST be lodged prior to the audition date.



## Glenelg Cheerleaders

Register from 11.00am      **Audition:** 11.30am - 1:00pm

Required Age: 12 years & over (You must turn 12 before 30th June, 2012)

For team information refer to page 7.



## North Adelaide Cheerleaders: Mistral Rockettes

Register from 1.00pm      **Audition:** 1.30 – 3.00pm

Required Age: 15 years & over

## Roosters Dance Team

Register from 3.00pm      **Audition:** 3.30 – 5.00pm

Required Age: 10– 14 years (You must turn 10 before 31<sup>st</sup> March, 2012)

For team information refer to page 7.



**Sunday 15th July**

Just For Fun Studio:  
39-51 David Tce, Woodville Park

## Adelaide Lightning Dance Team Open Audition

Register from 2.00pm      **Audition:** 2.30pm - 5:30pm

Required Age: 14 years & over (You must turn 14 before 31st December, 2012)

For team information refer to page 7.

